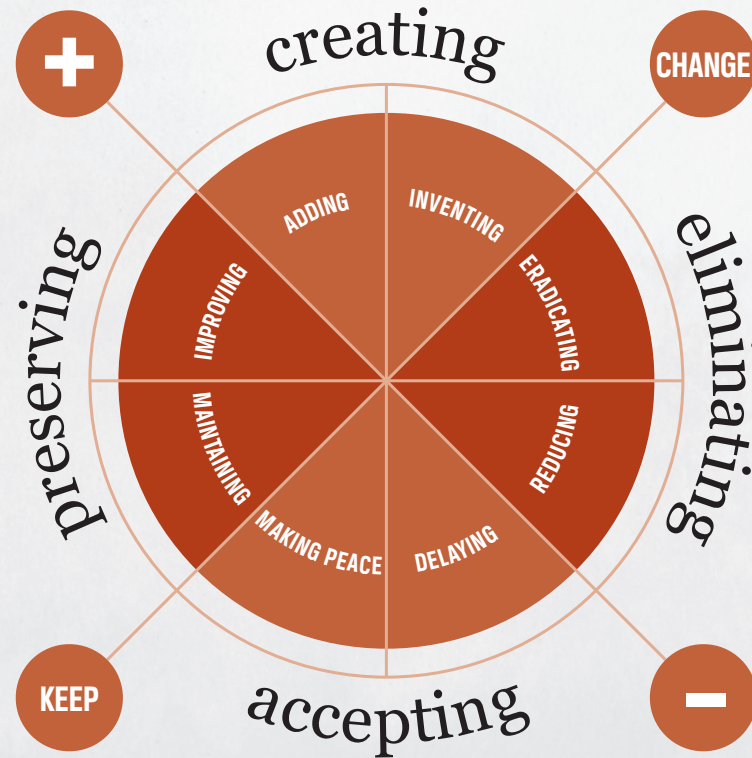


the wheel of change



Adapted from Dr. Marshall Goldsmith, Triggers

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